www.farmingtonCE.com (651) 460-3200



DISCOVER PURSUE ACHIEVE!

Jan-Apr **2016**



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Saturday, January 30, 2016 9 am-Noon Farmington High School

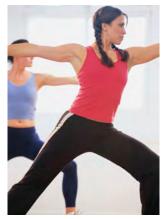
20655 Flagstaff Avenue



Visit with the Businesses, Organizations and People that make Farmington a great place to live, work, and play!

Planned Events Include:

- Activities for all ages
- City of Farmington and Community Education Program Information
- Dance and Cheerleading Demonstrations
- Refreshments, prizes, and entertainment



Start the New Year with fitness!

Zumba, Yoga, dance, and more. Our fitness instructors provide fun classes to improve your fitness levels. See page 4.



Grandparent Chess

Spend time with your grandchild learning the game of chess! Beginners welcome. You will be able to share the game of chess long after class is over. See page 21.







Cocoa & Canvas

Have you always wanted to create your own painting? Cocoa & Canvas is for you! Sip Cocoa while painting under the direction of our instructor. See page 6.



STEM classes

Ignite an interest in science and math in your child. Our STEM classes are designed to stimulate thinking and encourage exploration. See page 28.



www.facebook.com/FarmingtonCE

Save the Date!

- Farmington Community EXPO Jan 30
- Mardi Gras Gathering at Rambling River Center Feb 2
- Student Performance of Cinderella Feb 26 & 27
- Speaking of Kids: **Healthy Families Panel Discussion** Feb 29
- Speaking of Kids: Emotions! Helping Children Deal with Them Apr 11



Ingiting learning. Impacting community. Inventing our tomorrows.

Farmington Area Public Schools serve more than 6,800 students and 30,000 residents in Farmington, Lakeville, Castle Rock, Eureka, Empire, Hampton, and Vermillion Townships with K-12, Community Education, and Special Education programs.

web: www.farmington.k12.mn.us | Twitter: @district192 | Facebook: facebook.com/isd192





ADULT Classes

Ballroom Dance – Standard Beginner

Victor Albrecht

Does "Dancing with the Stars," have you wishing you could move like a pro at any type of social function? This dance class will offer you the perfect overview of popular social dances. Learn the conversation and corner step in a smooth fox trot. The basic box step and waltz steps will also be taught in the elegant ballroom waltz. You'll even learn the East Coast Swing. Fee is per couple. Couples only.

W Feb 3-10 7:30-9 pm **AEFRW606** 2 Sessions \$44 NHS, Northfield

Night Club Slow Dance

Victor Albrecht

Learn dances for weddings, house parties, night clubs, and more. Discover underarm and cross turns that both dance partners can accomplish. Leading and following are encouraged for all. All ages, no partners needed.

Wear comfortable shoes.

W Feb 10 1 Session \$9 6:30-7:30 pm NHS, Northfield AEFRW605

T Feb 2-16 3 Sessions \$29 7:30-8:30 pm TLE, Eagan AFFRW602

West Coast Swing Dance Class

Victor Albrecht

Learn the triple-count footwork from this popular dance of the Big Band era. Other steps that will be taught include various under-arm turns, ladies sidepass and the Sugar Push with swivels.

W Feb 17-24 6:30-7:30 pm AFFRW603

2 Sessions \$29 NHS, Northfield

Dance Medley (singles welcome)

Victor Albrecht

Enjoy the Midwest dance style including polka, disco, and variations of country. Discover the active, triple count 16-step polka line dance and enjoy traveling in a large circle around the dance floor! Learn the waltz line dance, cowboy cha-cha and the tushpush. Adults, teens and singles welcome.

T Feb 2-16 3 S 6:30-7:30 pm TLE **AEFRW501**

3 Sessions \$29 TLE, Eagan

Dancing for Beginners

Deanna Constantine

Learn the most popular partner dances including waltz, foxtrot, swing, hustle and polka for weddings, clubs, parties, on cruises, and more. Be confident on the dance floor knowing the correct steps and moves with your partner. Teens and adults of all ages welcome. Appropriate for beginners and past participants wanting more instruction. Make-up and repeat classes held at other locations and offered free with enrollment.

F Feb 12-Mar 4 4 Sessions \$55 7-8:30 pm SES, Apple Valley **AEFRW604**

Pilates

Amy Nielsen

Exercise perfect for anyone interested in reaching whole body wellness. Build core strength, improve posture, flexibility, balance, and tone muscles. All fitness levels and abilities welcome! Please bring a mat, water, and wear loose and comfortable clothing (no shoes required).

Sa Jan 9-Feb 27 7 Sessions \$56 9-9:50 am LDMS **AEFRW701** No class Feb 6 Sa Mar 5-Apr 30 8 Sessions \$64

9-9:50am LDMS **AEFRW702** No class Mar 26

Healthy Heart Yoga

Debbie Prahner

Are you looking to relax and improve your life? Yoga is the key to enhancing life through proper breathing, exercise, nutrition, and relaxation. Benefits include improved muscle tone, flexibility and strength, reduced stress and tension, and improved circulation. Postures and breathing exercises help purify the mind body and spirit. With over 20 years experience Debbie strives to provide a supportive noncompetitive environment as well as to use the tools taught in Yoga to promote a peaceful joyful and healthy individual. No childcare available.

T Jan 5-Feb 2 5 Sessions \$40 3:45-4:45 pm RVES **AEFRW401**

T Apr 12-May 10 5 Sessions \$40 3:45-4:45 pm RVES **AEFRS401**

Yoga

Mari Anne Auwarter

A rejuvenating style of yoga focusing on strength, endurance, flexibility & bringing the body and mind into balance. Modifications will be offered, as well as opportunities to deepen your practice – accommodating brandnew beginners as well as seasoned practitioners. Come to forget the worries of your day, breathe deeply, relax & rejuvenate. Please bring your own yoga mat and water bottle.

M Jan 25-Mar 21 8 Sessions \$80 6:30-7:30 pm MVES **AEFRW202**

Kung Fu (Adult)

National Treasure Kung Fu

Ages 13-Adults

A year-round progressive training program. Certification from White to Black Belt available. Not just a kicking, punching, self-defense class; get the benefits of both internal and external Kung Fu.

This class teaches the benefits of Tai Chi and Chi Kung and the explosive physical conditioning powers of Northern Shaolin Kung Fu. Tai Chi and Chi Kung exercises are relaxing, low-impact, and non-straining on joints and ligaments. Northern Shaolin Kung Fu will build muscle, power, flexibility, and agility.

Join a fun, non-competitive, full participation class that focuses on exercises that will strengthen the mind and body, promote longevity, vitality, coordination, and balance. Please note that qualified assistants aid in teaching this course.

Th Jan 28-Mar 10	7 Sessions	\$79	
6:15-7 pm	LDMS		
AEFRW8A - White-Yellow Belt			

Th Jan 28-Mar 10 7 Sessions \$79 7-7:45 pm LDMS AEFRW8B - Orange-Black Belt

Th Apr 14-May 26 7 Sessions \$79 6:15-7 pm LDMS **AEFRS8A -White-Yellow Belt**

Th Apr 14-May 26 7 Sessions 7-7:45 pm LDMS AEFRS8B - Orange-Black Belt



Zumba

AEFRS503

\$79

Jevgenija Kubes

It's here! An exciting new workout that's sweeping the nation! This dance fitness class fuses Latin rhythms with easy to follow moves and fun music. It is a dynamic total body cardio workout. Come join the party! Bring a water bottle to class and prepare to have FUN!

T Jan 12-Mar 22 6-7 pm AEFRW502	10 Sessions MVES	\$80
Th Jan 14-Mar 17 7-8 pm AEFRW503	10 Sessions FHS	\$80
T Apr 5-May 31 6-7 pm AEFRS502	9 Sessions MVES	\$72
Th Apr 7-Jun 9 7-8 pm	10 Sessions MVES	\$80

Fitness and Finance

Amy Nielsen, Thirvent Financial

Women often face unique challenges and circumstances throughout their lives. Each session will have a 50 minute stimulating fitness class, followed by a different financial topic from a woman's perspective (10-15 minutes). Money management; navigating the business world; the financial implications of marriage and raising a family; as well as retirement, estate, and investment strategies -- these are just some of the topics that we'll explore. Please bring with you an exercise mat, water to drink and wear comfortable clothing (no shoes required). All fitness levels welcome, No products will be sold.

T Jan 12 & 26 Feb 9 & 23 Mar 8 & 22 Apr 5 & 19 8 Sessions \$60 6:15-7:15 pm AEFRW703

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ADULT Classes

Winemaking at Home

Ages 21 +

Learn to make wine for your own pleasure or to give as a gift. Discover the step-by-step process to make wine from fresh fruits, fruit juices, and wine kits from around the world. Learn bottling and labeling techniques. Understand how to prepare fruits and balance the juice for the fermentation step. Demonstration, hands-on, and tasting.

Th Mar 24 6-8 pm Ec **AELW501**

1 Session \$29 Ecumen, Apple Valley



Open Woodshop – Beginning to Advanced

Paul Landwher

End tables, fancy shoe rack, patio table, a coffee table, lathe turnings, these are just a few of the projects students have completed with the expert assistance from Paul Landwehr, our Open Woodshop instructor. Pursue that creative passion you have been thinking about! This 7 week course will give you the opportunity to work on a cabinet/ furniture style project geared to your individual skill level. Paul has 40 years of woodworking experience as an Industrial Arts teacher and community education instructor. Students must call Paul before class to ensure that your project can be accomplished in class and that you bring the proper lumber to start your project the first night of class (651-757-5705 between 7 and 10 pm.) Students can come to one or more sessions by paying \$12 per session to the instructor the night of class.

W Jan 20-Apr 11 7 Sessions \$72 7-9 pm LDMS **AEHGW202**

W Mar 23-May 11 7 Sessions \$72 7-9 pm LDMS Woodshop

AEHGS202

No class Mar 29

Cocoa & Canvas

Suzanne Schwictenberg, Gallery On The Go

Farmington Community Education in partnership with The Rambling River Center is offering a Cocoa & Canvas program to celebrate the month of chocolate and hearts.

Art instructor, Suzanne Schwictenberg, will provide a step by step demonstrate and paint along with program participants showing how to mix colors, use paint brushes properly, and achieve the desired effects for your painting!

Enjoy hot cocoa and a decadent chocolate dessert while learning something new! Beginners are welcome! If you have painted before or know little about the subject, the easy to follow phases produce beautiful personally created artwork!

Th Feb 25 1 Session \$46 1-3 pm RRC, Farmington AELW325

Rambling River Center Members: \$36

MagnificentMason Jar Decor

Renee Reinardy

Mason Jars are not used just used for canning! In fact, Mason Jar Décor is one of the most popular items on Pinterest. Learn several different methods for decorating America's favorite jars including chalk paint, glass tinting, glass etching, snow globes, and many more! You can choose which ones you like best and you will leave class with 3 decorated and functional jars you designed. Make all 3 the same, or different! Dress for mess and prepare to have fun!

W Jan 27 6:30-8 pm **AELW301** 1 Session \$34 KTMS, Lakeville

Stained Glass Mosaic Wine Bottle Luminary

Renee Reinardy

Design a custom Mosaic Wine Bottle Luminary by adorning a bottle with beautiful stained glass. Learn mosaic techniques and tips as you apply the glass in a design you choose, or one we provide. Once you learn this technique, the options are endless. No experience is necessary, and all supplies including several colors of stained glass are provided. Dress for mess and prepare to have fun!

Sa Feb 20 9 am-12 pm **AELW302** 1 Session \$42 LNHS, Lakeville

\$29

Glass Garden Art

Renee Reinardy

Participants will make 2 beautiful glass flowers to adorn their garden or home. All supplies are included, however, if you have a special glass piece you would like to incorporate into your creation, please bring it along to class. We will assist in adding your glass into your piece.

Sa Mar 12 1 Session 9:30-11 am LSHS, Lakeville AELW303

Farmington Area Public Schools Community Education | 651-460-3200

Hypnosis/Weight Loss & Stop Smoking and Chewing

Dr. Mary Fischer

Hypnosis can help you control your eating habits. You will learn to desire the right foods push your plate away when full and motivate yourself to exercise. Hypnosis is relaxing and you will be fully aware and conscious at all times. Hypnosis can help you stop smoking immediately without withdrawal cravings or gaining weight.

Hypnosis is relaxing and you will be fully aware and conscious at all times. If you would like, please feel free to bring a sleeping bag blanket or favorite pillow. More information can be found at www.hypnosisclinic.net.

Fee includes a reinforcement tape and a card which allows participants to attend future seminars at no charge if reinforcement is desired. Introduction for both sessions begins at 6:30 pm. Weight loss session follows, while smokers take a break off school grounds for that last cigarette, then reconvene for the smoking cessation session. Check-in starts at 6 pm

W Feb 17 1 Session 6:15-9 pm RMS, Rosemount **AEHSF401-Weight Loss** \$69

W Feb 17 1 Session 6:15-9 pm RMS, Rosemount **AEHSF402-Smoking** \$69

W Feb 17 1 Session 6:15-9 pm RMS, Rosemount **AEHSF403-Both** \$118





Adult, Child and Infant CPR or Adult CPR/AED

Lynette Endres

Be prepared if the unexpected happens! Learn to recognize and care for life threatening breathing and cardiac emergencies in adults, children and infants. Course includes obstructed airway, CPR, and use of an Automated External Defibrillator (AED). Hands on practice on manikins included. Red Cross certification awarded for successful completion. Adult CPR/AED only for \$55, choose that option when registering.

T Feb 2	1 Session	\$75
6-9 pm	MVES-CE	
AEHWW301		
T Mar 15	1 Session	\$75
6-9 pm	MVES-CE	
AFHWW302		

Infant and Child CPR

Lynette Endres

Learn how to care for infants and children in an emergency. Topics covered include rescue breathing, obstructed airway, and CPR for children ages 0 to 12 years. Keep your family safe. Red Cross certification awarded for successful completion. Include First Aid certification for \$70, choose that option when registering.

T Feb 2 6-9 pm AEHWW201	1 Session MVES-CE	\$55
T Mar 15 6-9 pm AEHWW202	1 Session MVES-CE	\$55





ADULT Classes

Introduction to Essential Oils Sandra Donohue

What are essential oils? How do they work? What is the difference between "pure", "genuine", and "therapeutic" grades? How do you use essential oils? Where do you go, and how do you learn the benefits of all the different oils? This class will cover the basics of essential oils and will educate everyone - seasoned users, newbies and skeptics alike - on the basics of essential oils.

T Feb 9 6-7:30 pm AELW801	1 Session MVES-CE	\$19
T Apr 19 6-7:30 pm AFI W802	1 Session MVES-CE	\$19

Using Essential Oils with Children

Sandra Donohue

Can essential oils really promote calm, enhance focus, and reduce occasional stress in children? Can essential oils be incorporated into everyday life and change it for the better? Are the occasional explosions, over-whelming energy, self-ridicule, and inability to focus on simple tasks making it so your family cannot function as smoothly as you would like? Learn the basics of what essential oils are and how they may be able to calm energy, promote self-confidence, and create focus so you and your family can breathe a little easier.

T Feb 23 6-7:30 pm AELF803	1 Session MVES-CE	\$24
T May 3 6-7:30 pm AELW804	1 Session MVES-CE	\$24

Understanding Your Own Chakra

Suzanne Worthley

The chakras are your body's consciousness centers and the wheels of life: from Survival, Passion, Power, Love, Communication, Consciousness, Relationships, to Healing and Magic. Learn how to open, activate and clear these vital life-force energy centers within you. Liberate your spirit. Manifest your dreams!

T Feb 9	1 Session	\$19
7-9 pm	SHMS, Apple '	Valley
AFI W202		

Conversations of Life, Death, and Beyond

Suzanne Worthley

This class will explore the Guides and Guardian Angels, The Soul and Soul Contracts and Soul Families, The Death Experience, Reincarnation, Karma, Different Levels of Existence in the Spirit Realm, Do Heaven and Hell Really Exist, and much, MUCH MORE!

Th Mar 3	1 Sessions	\$19
7-9 pm	FRMS, Apple	Valley
AELW201		_

Dog Playgroups

An indoor opportunity for dogs, off leash, that allows for socialization and fun with similary size/weight canines! Dog owners remain on site and may enjoy complimentary coffee and baked goods. Class meets every other Sunday, morning and afternoon times available. Select the number of sessions when registering. Unsure how your dog will respond? A onetime class is available.

Requirements: current rabies, distemper and bordetella vaccines (bring documentation), dogs must be in good health, not sick or exhibiting symptoms of illness. Times vary week to week.

See online registration for full schedule of dates and times.

Puppy Playgroup

For all puppies ages 12 weeks to 9 months. This is a great opportunity for your pup to develop play skills with both you and other puppies in a safe and supervised environment.

Su Jan 10-Mar 6 \$10 per session Times vary by session DDG, Apple Valley AELW961

Small Dog Playgroup

Designed for dogs 30 pounds and under, allows interaction with similar size canines.

Su Jan 10-Mar 6 \$10 per session Times vary by session DDG, Apple Valley **AELW962**

Tiny Tots Playgroup

For dogs that are 15 pounds and under, and a great fit for dogs that are especially shy or nervous.

Su Jan 10-Mar 6 \$10 per session Times vary by session DDG, Apple Valley **AELW972**





Dog Training Classes Dog Day Getaway

Learn the tools to build mutual respect and trust between you and your dog. Group classes focus on canine communication, dog care, and how to interact with your dog in a variety of situations. Learn to understand your dog, how to teach your dog to understand you, and how to fit training into your busy schedule. The focus is on a positive approach to the dog and human relationship.

Puppy classes

For dogs from 12 weeks to 6 months in age.

T Jan 5-Feb 2 6 Sessions \$100 6:20-7:20 pm DDG, Apple Valley **AELW905**

Th Jan 14-Feb 18 6 Sessions \$100 5:30-6:30 pm DDG, Apple Valley **AELW907**

Beginner and Intermediate Adult

For dogs over 6 months old.

M Jan 4-Feb 29 7 Sessions \$110 5-6 pm DDG, Apple Valley **AELW912**

Th Jan 7-Feb 18 7 Sessions \$110 4:20-5:20 pm DDG, Apple Valley **AELW917**

W Jan 20-Mar 2 7 Sessions \$110 8-9 pm DDG, Apple Valley **AELW916**

Canine Good Citizen

These classes prepare dogs for the Canine Good Citizen Evaluation.

T Jan 26-Feb 9 5:10-6:10 pm AELW931	3 Sessions \$60 DDG, Apple Valley
T Feb 23-Mar 8 5:10-6:10 pm AELW932	3 Sessions \$60 DDG, Apple Valley
T Apr 5-19 5:10-6:10 pm AELW933	3 Sessions \$60 DDG, Apple Valley

See online catalog for more dates and times.





Your Google Services Account and G-mail

Discover that your G-mail account is really your Google Services Account with 43+ FREE tools just like G-mail. Learn how to use G-mail from your computer! When you discover how to use G-mail to its fullest potential, you may want to fire Microsoft Outlook from its job and keep your to-do list up-to-date with your mobile device.

M Jan 25 6:30-8:30 pm AETCW701

1 Session \$25 LSHS, Lakeville

Google Calendar, Google Contacts, Google Tasks and Google Voice

Find out how to share calendars and keep them synced to your smartphone. Keep contact info up-to-date on your computer and control the contacts on your mobile devices. We will talk about using Google Tasks. Lastly, we will show you how to have TWO separate phone numbers ring to your cell phone plus keep your LAN line for FREE with Google Voice.

M Feb 1 6:30-8:30 pm

1 Session \$25 LSHS, Lakeville

AETCW702

Google Services

Do you have a G-mail address? Did you know that G-mail is one of more than 40 FREE services Google gives you? Did you know your G-mail address is your smartphone's "Cloud" storing your contacts, calendar, tasks, documents, photos, videos, music, e-mails, and about 20 other categories of information for you? Come to this 6 week series and learn how to make Google your personal assistant, your safe for all of your digital information, and the gas tank that fuels your smartphones and tablets even if they are Apple! Sign up for all 6 sessions and receive a FREE lifetime membership to this series in the future! Participants may sign up for classes on an individual basis but taking the entire series is highly recommended.

M Jan 25-Mar 7 6 Sessions \$120 LSHS, Lakeville 6:30-8:30 pm AETCW700

Google Drive, Google Music, and Google+ Photos

This is the final step! All of your priceless information will be stored in "The Cloud" so it can NEVER be lost or deleted! Learn how to move your computer's documents to Google Drive and then have access to them where ever you are, from any device you have with you! You will also discover how to do that with your music, photos, and videos too!

M Feb 8 1 Session \$25 6:30-8:30 pm **LSHS** AETCW703

Google Maps, Cloud Print, Google Wallet, and Google Keep

Learn how to manage "offline" maps and star favorite places for easy reference. Find out how to connect all of your printers to your Google account so you can print to any of them from anywhere! Learn about Google Wallet, why to use it, why it IS safe, and why using it may be required sooner than you think! Lastly, we will show you one of Google's best kept secrets... Google Keep!

M Feb 22 1 Session \$25 6:30-8:30 pm **LSHS** AETCW704

Google Hangouts, Google+, and Google Search

Get introduced to Google's version of Skype... Google Hangouts. You will also spend time getting to know Google's social media site: Google + in depth. We will cover how to properly use google search to solve all of life's little, big and impossible problems and the top 15 Google Search Tips.

M Feb 29 1 Session \$25 6:30-8:30 pm LSHS AETCW705

YouTube and Google Docs

Discover how to use YouTube to learn to do almost anything! We will also cover some basic Google Docs Tips and Best Practices and provide an overview of Docs, Sheets, and Slides.

M Mar 7 6:30-8:30 pm AETCW706

1 Session \$25 LSHS, Lakeville

FroogalED Presents: Smartphone and Tablet Classes

Did you just buy a new Android tablet or Smartphone? Have you had your device for a while and still have questions about or need help with your Android powered device? Come to this Q&A session to get hands on help and all of your questions answered! Bring your smartphone and/or tablet AND your laptop if you have Computer based Google Services or G-mail questions.

M Mar 14-May 16 6:30-8:30 pm **AETCW600** 9 Sessions \$180 for the series SHMS, Apple Valley

Session 1-Getting StartED

Learn what each button and key does on your device as well as how to interact with your touch screen. We will show you the Google Play Store and how to download apps and uninstall apps. We will install an app that can find your device on a map if you lose it. Learn what a widget is and how

it can make your life easier.

M Mar 14 1 Session \$25 6:30-8:30 pm SHMS, Apple Valley **AETCW602**

Session 2-Must Know Basics

We will show you how to make sure you can NEVER lose your contacts, how to enter contacts properly. We will learn about texting and adding attachments, the difference between and how to use "E-mail" and "G-mail", and how Contact & Calendar functions tie to "The Cloud".

M Mar 28 1 Session \$25 6:30-8:30 pm SHMS, Apple Valley **AETCW603**

Session 3-Essential Settings & Advanced Calling

We will cover the essential settings you NEED to know to make sure your device works for you and not against you. You will learn device management with some cool tips and tricks on how to make your device run faster and longer. Lastly, we will also cover phone calls and how to handle advanced phone calls situations such as three way calling, merging calls, and conference calls.

M Apr 4 1 Session \$25 6:30-8:30 pm SHMS, Apple Valley **AETCW604**

Session 4-Navigation, Photo Auto Backup & Other Google Services

We will learn about Google maps and Google Navigation as well as the Camera & Camcorder apps. Back-up photos & videos automatically. Learn what the 'Cloud' is and how Google Service's will change your life forever. Understanding the cloud is the first big step towards understanding your device and the future of technology.

M Apr 11 6:30-8:30 pm **AETCW605** 1 Session \$25 SHMS, Apple Valley

Session 5-Tell your Phone what to Do

We will learn about "Google Now", which knows what you need before you need it and teach you to customize it so it becomes your personal assistant! Learn how to control your device with your voice. Send texts, get directions, and check the weather like never before. We will also show you how to speak your text entries instead of typing them!

M Apr 18 6:30-8:30 pm **AETCW606** 1 Session \$25 SHMS,Apple Valley Technology

Session 6-World of Apps

In this session we will teach you about Froogal's top 25 Android Apps and how to use them in your daily life. We will cover setup for a few select Apps guaranteed to make your life easier!

M Apr 25 6:30-8:30 pm **AETCW607** 1 Session \$25 SHMS, Apple Valley

Session 7-Android, meet your old Friend

*Bring Your Laptop & Mobile Device Charger / Data Cable to this one! In this session we will bridge the gap between your computer and your smartphone or tablet. You will learn about using your device as a hard drive. We will teach you how to transfer content from one machine to another, how to use your computer to customize your mobile device, and we will cover using your mobile device to power your computer's internet.

M May 2 6:30-8:30 pm **AETCW608** 1 Session \$25 SHMS, Apple Valley

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Session 8-Let's Make Them Match

*Bring Your Laptop & Mobile Device Charger / Data Cable to this one! In this session we will help you move your contacts, calendar, and tasks, from your mobile device to "The Cloud" and how to make sure you put them there in the future. Also, we'll finally lift the curtain and show you the "Wizard" that powers your device (Google) and teach you how to make changes from your computer!

M May 9 6:30-8:30 pm AFTCW609

1 Session \$25 SHMS, Apple Valley

Session 9-My things... They're Everywhere!

*Bring Your Laptop & Mobile Device Charger / Data Cable. In this session we will pick up where we left off and continue to show you how to sync your computer and your mobile device! This time we are going to focus on all of your documents, your photos and videos, and your music!

M May 16 6:30-8:30 pm AETCW610

1 Session \$25 SHMS, Apple Valley



iPad-Top Ten Tips

Mike & Chris Pahl

Do you want to enhance the way you use your iPad? After teaching hundreds of iPad classes, we have hand picked our favorites for this session. Join this class to learn how to define words quickly, make articles easier to read online, increase your typing speed, and much more! Bring iPad or iPad mini to class.

W Feb 17 6-7 pm AETCW301

1 Session FRMS, Apple Valley

iPhone-Top Ten Tips

Mike & Chris Pahl

Do you want to enhance the way you use your iPhone? After teaching hundreds of people how to use their iPhone, we have hand picked our favorites for this session. Join this class to learn how to block unwanted callers, share your current location with others, increase battery life, and much more! Bring Apple iPhone to class.

W Feb 24 6-7 pm AETCW302

1 Session FRMS, Apple Valley

Student Perfomance of Cinderella

Fri & Sat Feb 26 & 27 7 pm Feb 27 Sat 1 pm

Robert Boeckman Middle School Auditorium 800 Denmark Ave, Farmington

> Tickets available at the door!

Money & Work

Proficiency and Preparation for Steam and Hot Water Heating Boiler License Testing

Prepare to be a more informed boiler operator and gain knowledge of boilers, codes and practices, in preparation for the State of Minnesota boiler operator's exams, resulting in possible career advancement. Course focus is on low PSI steam and hot water heating boilers. Three 50+ question sample tests and corrected copy are offered. Handouts relating to the governing jurisdictional codes, applicable and currently enforced in Minnesota, are explained in an easy format. State exam applications and affidavit forms provided; morning refreshments and lunch provided. Optional textbook recommended: Low Pressure Boilers, third edition, by Frederick M. Steingress and Daryl R. Walker. Sorry, no discounts apply.

Sa Feb 27 1 Session \$99 8:30 am-2:30 pm SHMS, Apple Valley **AEWMF401**

Financial Planning 101

Jennifer Beyl-Lee and Josh Malwitz

When you set goals, you are defining your dreams for the future. Sometimes your financial situation can seem overwhelming. Join us for more information on budgeting, being wise about your credit and debt, protecting your lifestyle, investing, saving for college and retirement, and more. Once you have identified and prioritized your financial goals, you can develop a clear-cut savings or investment strategy that can help turn your dreams into reality.

Th Mar 17 1 Session Free 6-7 pm MVES-CE AEWMW204

Simple Steps for Starting Your Business

South Metro SCORE

Contemplating starting your own business? Learn from experienced business professionals, both active and retired, who can provide individual assistance if desired. This 4 part series will cover a new topic each night.

- Start Up Basics helps you test a business idea and identify the key factors that influence startup success.
- Business Concepts will review your understanding of business concepts and gain step-by-step guidance in researching your idea, market and competition.
- Marketing Plan will cover marketing, communication methods, and tools to maximize customer reach. Understand pricing strategies, positioning, differences between features and benefits, and marketing strategies.
- Financial Projections and Funding Sources will review sales and prices, financial risks and rewards, true startup costs, ongoing operating expenses, setting benchmarks for tracking progress, and organization of all your financial information.

T Apr 5-26 4 Sessions \$99 6:30-8:30 pm FRMS, Apple Valley **AEWMF301**

Retire Wisely Workshop

Jennifer Beyl-Lee and Josh Malwitz

Nearing retirement age? Change your mindset from accumulation to distribution in retirement. You will learn about common events and issues that can effect your retirement strategy and items to consider before making decisions. Learn about the risks every retiree faces and how to minimize them.

Th Jan 21 5:30-6:30 pm AEWMW301	1 Session MVES-CE	Free
Th Feb 25 5:30-6:30 pm AEWMW302	1 Session MVES-CE	Free
Th Apr 21 5:30-6:30 pm AEWMW303	1 Session MVES-CE	Free

Your Social Security Benefits

Jennifer Beyl-Lee and Josh Malwitz

When you take your Social Security benefits is a personal decision. There is no "one-size-fits-all" answer. No matter what situation you are in, you'll want to take time to make an informed, well-reasoned decision about when to begin receiving your Social Security Benefits

Th Jan 7 5:30-6:30 pm AEWMW401	1 Session MVES-CE	Free
Th Feb 4 5:30-6:30 pm AEWMW402	1 Session MVES-CE	Free
Th Apr 7 5:30-6:30 pm AEWMW404	1 Session MVES-CE	Free

Money & Work



Banking for Tomorrow

Lisa Franxman, Anchor Bank

This three part series will cover basic banking information that all teens and young adults should be aware of. **Come and learn:**

Basic Banking Skills:

How to balance your check book, review your monthly statement and fill out a deposit slip. This is the perfect class for anyone who is new to banking and needs to learn the basics.

What to Know About Fraud:

Learn about Identity Theft, what it is and what precautions you can use to try to avoid it. There will also be discussion about pulling your credit report and the importance of having good credit.

Financial Independence:

Our Financial Consultant will be available to help individuals learn to gain financial independence by starting off right with savings options, saving for college, saving for young families and also saving for your retirement.

Attend one session, or all three and start building your financial future today!

T Jan 12-26 3 Sessions \$15 per family

6:30-7:30 pm MVES-CE

AEWMW201

Get Your Act Together!

Gail Marek

Just in time for tax season! Be more productive, gain confidence, reduce your stress, have more personal time by being better organized. Learn how to set up your office from floor plan to desktop to creating your files. Learn what papers to keep and what to throw. Create a filing system that works for you! This class will help someone with no office, home office, business office, and people with children, people downsizing, and anyone with a lot of paper clutter and things to do. Maintenance and regular upkeep of your new systems will be discussed, as well. \$12 material fee payable to instructor at class.

M Mar 14 1 Session \$24 6:30-8 pm MVES-CE

AEWMW601



PROJECT EXPLORE

River Valley Project Explore serves adults with disabilities. Project Explore provides customized educational, social and recreational opportunities and encourages inclusion in community activities. Participants enjoy a wide variety of classes and activities including:

- Arts and Crafts
- Cooking
- Life Skills
- Dances
- Sports
- Excursions and more!

Visit www.district196.org/ projectexplore or call (952) 431-8735 for registration or more information.



Upcoming Events...

Elvis's Birthday Party Wed, Jan 6

Winter Dance Fri, Jan 15 Valley Middle School

Wings Credit Union

Valentine Dance

Fri, Feb 12 Valley Middle School

Winter Luau Picnic Fri, Feb 26

Valley Middle School

Affordable Senior & Workforce Rental Housing

Twin Ponds Townhomes



Twin Ponds provides two— and three-bedroom affordable rental townhomes designed for working families with children. Townhome amenities include a private entrance, air conditioning and garage.



Vermillion River Crossing

Vermillion River Crossing provides one—and twobedroom affordable rental apartments for adults age 55+. Building amenities include a community room with kitchen, underground heated parking garage, club room, exercise room and more!



For more information visit www.dakotacda.org or call 651-675-4400





Adult Basic Education

All classes held at Community Education Center, Meadowview Elementary (MVES) 6100 195th Street West, Farmington.

ABE offers free classes for adults who are over the age of 17 and are not currently enrolled in school. All classes are free. All classes are taught in English.

Free English Language Classes (ESL) for Adults

Clases gratuita de inglés para adultos

Lờp Học Anh Miền Phi Duời Lờn

- Reading
- Writing
- Speaking
- Listening

T,Th Jan 4-Mar 24 9:15-11:45 am MVES-CE Room 118
T,Th Jan 4-Mar 24 5:45-8:15 pm MVES-CE Room 118

No class Mar 1

Skills Classes to get you ready for the GED, work, or college

T Jan 4-Mar 22 5:45-8:15 pm MVES-CE Room 118

No class Mar 1

Lab time for registered students

Th Jan 6-Mar 24 5:45-8:15 pm MVES-CE Room 118

For more information you can call (651) 460-3200 or check out www.DakotaPrairieABE.com.

Class Registration: New students register at class time during the first two weeks of the session. You will complete registration paperwork and a short assessment at registration. This will take 90 minutes.



Learn English

Aprender Inglés

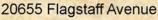
học tiếng Anh

Community Events

Visit with the Businesses,
Organizations and People
that make Farmington a great place to
live, work and play!



9 am – Noon
Farmington High School









FREE ADMISSION

Sponsored by:
Farmington Community Education,
City of Farmington, Farmington Business
Association and the Farmington Independent

Student Perfomance of Cinderella

Fri & Sat Feb 26 & 27 7 pm Sat Feb 27 1 pm

Robert Boeckman Middle School Auditorium 800 Denmark Ave, Farmington

Tickets available at the door!

New to Farmington?

Community Education activities are a great way to meet new friends!

Community Ed classes are fun and informative.

Many of our instructors are from the community and have lots of information to share.

Come try us out!

Questions? Call 651-460-3200.





Do you have children under age 5?

Visit www.ecfefamily.com for Community Education activities just for you!

Do we have everyone?

Have you registered your baby, toddler, or preschooler with the Farmington School District census?

Having your child's name on the census will ensure:

- Receiving all Early Childhood mailings
- Notification of Early Childhood Screening
- Registration information about Kindergarten
- Notification about Kindergarten Round-up

You can help!

If you have moved to or within Farmington School District 192, changed your phone number, or had a new baby, you will need to update the census information.

> **Farmington School District** Census Office Call (651) 463-5052 Tell a friend!

FamilyHealth Medical Clinic



A tradition of excellent care for women.



Nicole Dohm-Palmer, MD Kaye Mickelson, MD





Dana Olson, MD

We welcome two new providers, who join the doctors you know and trust. We're proud to introduce Drs. Nicole Dohm-Palmer and Kaye

Mickelson, who join the practice of Drs. Dana Olson and Deb Suppes.

Appointments available for a full range of OB/GYN services in Northfield, Lakeville, and Farmington.



- Pregnancy care and delivery
- Infertility evaluation and treatment
- Annual health exams
- Menopause treatment
- Urinary incontinence
- Surgery minimally invasive

To make an appointment, call 651-460-2300. DANECT WITH US FI

Sophisticated Care. Neighborhood Convenience. 651-460-2300

www.FamilyHealthClinics.org/Farmington 4645 Knutsen Drive, Farmington

Paid Advertisement



Do you have kids? Work with kids? Care for kids? Speaking of Kids is for you!

Come and enjoy seminars that empower parents, educators and caregivers by providing information and ideas to enhance your relationship with children and help them succeed.

Monday, Feb 29

7-8:30 pm

Nutrition/Body Image/Healthy Eating in a Hurry

- Panel Discussion

Lakeville North High School Auditorium, 19600 Ipava Ave., Lakeville

Are you concerned about your child's nutrition? Learn tips to prepare and eat healthy meals in a hurry for busy families. With all the emphasis on eating and diets in our society body image can also be an issue with youth. Learn what you can do to help your child develop a healthy body image, no matter what their shape.

Monday, April 11

7-8:30 pm

Emotions! Helping Children Name, Share & Cope with Them

- Sarah Leitschuh

Meadowview Elementary School Cafetorium, 6100 195th St W, Farmington

Parents, educators, and caregivers will acquire information and tools to help their children identify and communicate about their emotions. Identify coping strategies that they can help children use to cope with their emotions. Take home tangible strategies that can be implemented right away.

Register online or phone

\$4 per seminar, or \$5 at the door

Registration includes CEU's

Free childcare (ages 2-8)
Registration REQUIRED

www.speakingofkids.info

SAVE THE DATES!

Sponsored by ISD 192 and 194 School Districts, Community Education and Early Childhood Family Education Programs. For more information or scholarships call: Judy Johnson 952-232-3681 or Barb Pierce 651-460-3203.



20



Whether you are a new musician just starting out or an experienced musician looking for improvement, the Farmington Music Academy has a place for you! Individual lessons are arranged after the online registration form is submitted. You will be placed on a waiting list and notified when lesson slots are assigned.



Guitar

Mike Welsh

Grades 3-12

Private guitar lessons available for students, beginners, intermediate and advanced skill levels. \$5 material fee payable to the instructor.

T 8 private 30 minute lessons \$176 MVES

YW15-GT

Th 8 private 30 minute lessons \$176 MVES

YW15-GTH

Violin

Ann Bur

Grades K-Adult

Learn to play or continue to develop your skills. Beginners take the first steps in learning posture, position, good practice habits, and lots of fun songs.

T 12 private 30 minute lessons \$276 MVES

YF15-VIOLT

W 12 private 30 minute lessons \$276 MVES

YF15-VIOLW



Brass Instruments

Greg Lewis

Grades 6-12

Improve your brass skills by learning more about the physical, technical, and creative aspects of your instrument. Lessons are tailored to each student's individual needs. Lessons available for: coronet, trombone, euphonium, and tuba.

12 private 30 minute lessons \$355 FHS

YF15-BRASS

Percussion Lessons

Krissy Bergmark

Grades 6-12

Students taking percussion lessons may choose from technical and musicianship studies on a variety of instruments, including snare drum, mallets, tympani, marching percussion, Afro-cuban percussion, African percussion, and Indian percussion. Lessons are largely directed by the student's preferences of studies.

W 12 private 30 minute lessons \$324 FHS

YF15-PFRC-12

Piano

Grades K-12

Private 30 minute piano lessons for beginners or intermediate students, scheduled after school hours. Students will learn techniques of playing the piano and reading music.

Gretchen Porisch

MVES M ARES T FES Th

Linda Rich

NTES M/T/W

Cathleen Gempeler RVFS W

Tresa Washburn
MVES Th

Call for availability and rates.

Fees do not include piano lesson books. Instructors will provide information about purchasing lesson books. Students must have access to a piano or keyboard for practice.



Adult students are welcome to join our Music Academy too!

Academics

ACT Prep Class

Advantage Educational Programs

Grades 10-12

The ACT Preparatory Courses are designed for those who wish to improve their test-taking skills and their overall scores on the college entrance exams. The course includes diagnostic testing, strategies for answering questions in all testing areas, instruction in time management, essay writing, and more.

Tuition for the 12-hour ACT course is \$140. Students may participate in both courses for the reduced price of \$230 and may repeat the courses in future offerings – *free of charge*.

Students can choose to attend classes at Farmington High School or at other area schools.

To enroll at Farmington High School, register on-line.

To enroll in an ACT course at another site, please call Advantage Prep directly at 612-222-5108 and mention you are a student from Farmington, MN.

Once you are registered, you will be contacted by E-mail or phone with your classroom assignment approximately 7-10 days before classes begin. You can also check the Advantage website:

www.AdvantagePrep.net or call 612-222-5108 for information and a complete list of prep class options.

Th Feb 11-Mar 3 5:45-8:45 pm YW15-431	4 Sessions FHS	\$140
W Apr 20-May 11 5:45-8:45 pm YS15-523	4 Sessions FHS	\$140
Th Aug 4-25 9 am-12 pm	4 Sessions FHS	\$140

SUM-610

Grandmasters of Chess

Youth Enrichment League

Grades K-5

New curriculum! New and returning students invited! Get prepped and primed for Chess Tournament Season. YEL Chess has proven excellence in dozens of schools. Our lessons are crafted by the best chess minds in Minnesota. The lessons progress from rudimentary concepts through higher-level theories. Our activity books are formatted to be accessible to beginners yet challenge intermediate and advanced students to apply deeper understanding of chess concepts. Develop the brain bending strategies of a brilliant and complex game!

Th Jan 14-Feb 25 3:05-4:05 pm	6 Sessions RVES	\$76
YW15-CHESSR		
No class Jan 21		

Th Mar 17-May 5 6 Sessions \$76 3:05-4:05 pm RVES YS15-CHESSR No class Mar 24 & 31

Grandparent Chess for Success!

Mad Science

Grades 1-6 with an adult

Give a gift that lasts a lifetime. Whether you're a chess master or a beginner, let Schoolhouse Chess help ignite your grandchild's love of the game. Play chess with your grandchild while a Schoolhouse Chess instructor teaches the basics of chess in a fun, kid-appropriate way. Your grandchild will take home a travel chess set and a comic book style manual. The two of you will keep playing long after the class is over.

Sa Feb 20-Mar 12 4 Sessions \$87 10-11:30 am RBMS YW15-CHESS



Swing into Spanish! - Before School Class!

Futura Adventures

Grades K-5

What better way to ignite FUN in the Spanish classroom than with the two topics-playing and camping! In our iVamos a Jugar! and iVamos a Acampar! classes, students will explore sports, games, hobbies and the great outdoors. Using builder phrases, we will get the students speaking small sentences and phrases in class right from day one. Whether on the field, at the lake, or at the playground, your child will be able to use his or her new Spanish skills!

W Feb 3-Mar 23 8 Sessions \$131 8:05-9:05 am ARES YW15-SPAN2



Cookies & Canvas!

Watch Me Draw

Grades 1-6

Cookies and Canvas is a party with paint and you're invited! Bring a friend or make a new one as we create and paint with acrylics on real canvas board. Never painted? Not a problem! There is no experience necessary, as we'll guide you step-by-step in the creation of your own masterpiece! All it takes is a fun approach and a little enthusiasm and you'll take home a beautiful piece of art. Join us for a sweet treat of cookies and paint in a relaxed and non-competitive environment. You will be amazed at what you can create!

•		
M Dec 14 3:05-4:50 pm YF15-CCR	1 Session RVES	\$25
T Dec 15 3:45-5:30 pm YF15-CCA	1 Session ARES	\$25
M Dec 21 3:35-5:20 pm YF15-CCF	1 Session FES	\$25

Candy Crafts

Kidcreate Studio

Grades K-3

The holidays are a magical and candy filled time. Come and join us as we create art out of candy and other sweet art supplies! The art materials of choice will be frosting, gummy bears, gumdrops, marshmallows, and other candy treats along with clay and paint. We will create a candy kaleidoscope, a winter wonderland scene, a jumbo piece of candy, and more in this extremely yummy class.

Please pack a nut free snack and drink for your child.

M, T
Dec 28-29 2 Sessions \$67
9 am-12 pm MVES-CE

YF15-CANDY

"Artic" Art Lab

Watch Me Draw

Grades K-5

It may be cold outside, but it's heating up in the art lab! You'll draw, paint, and sculpt, completing your own personalized masterpiece from start to finish each week! We'll sculpt a cozy igloo and polar bear out of clay, use oil pastels and watercolors to make our own Aurora Borealis, design a speedy toboggan, and create other super cool projects! Our classes provide a progressive art-enriched experience designed to build solid skills and artistic confidence in each child.

M Jan 25-Feb 29 3:05-4:05 pm YW15-AALR No class Jan 21	5 Sessions RVES	\$61
T Jan 26-Feb 23 3:35-4:35 pm YW15-AALF	5 Sessions FES	\$61
W Jan 27-Feb 24 3:05-4:05 pm YW15-AALN	5 Sessions NTES	\$61
Th Jan 28-Feb 25 3:35-4:35 pm YW15-AALM	5 Sessions MVES-CE	\$61

Art Extravaganza

Abrakadoodle

Grades K-5

It may be cold outside but once you step into this class, you will forget about winter as all the warm colors heat things up. Some of the projects in this Art Extravaganza include Clay Valentine Hearts, Fold Art on Canvas Board inspired by Grandma Moses, and watercolor Cheetahs. We'll even learn how to make a zendoodle. Explore sculpting, painting, drawing, and working with chalk pastels in this fun winter class.

Abrakadoodle is the leader in children's art education teaching art classes to over 1 million students throughout the world!

M Feb 1-29	4 Sessions	\$56
3:40-4:40 pm	MVES-CE	
YW15-AEM		
No class Feb 15		

T Feb 2-23	4 Sessions	\$56
3:05-4:05 pm	NTES	
YW15-AEN		



Spring Art Studio

Watch Me Draw

Grades K-5

Let loose, get messy, and have a blast creating spring themed projects with drawing, clay, and acrylics! Sculpt and paint your own "bugs and critters" masterpiece using clay and acrylics on canvas, draw a rain forest monkey, and design a hot air balloon scene. Use pastels, paints, glitter, and jewels as we explore art through several mediums. Create a work of art from start to finish each week and have a blast making the coolest art around.... YOURS!

M Mar 7-Apr 11 3:05-4:05 pm YS15-SASR No class Mar 28	5 Sessions RVES	\$61
T Mar 8-Apr 12 3:05-4:05 pm YS15-SASN No class Mar 29	5 Sessions NTES	\$61
W Mar 9-Apr 13 3:35-4:35 pm YS15-SASF No class Mar 30	5 Sessions FES	\$61
Th Mar 10-Apr 14 3:45-4:45 pm YS15-SASA No class Mar 31	5 Sessions ARES	\$61

How to Draw Olaf (from Frozen!)

Kidcreate Studio

Grades K-5

Have you ever wished you were better at drawing cartoons? During this class, we'll teach you a step-by-step technique that will help you draw Olaf from the Disney movie *Frozen!* You will be impressed with how great your drawing turns out!

Please pack a nut free snack and beverage for your child.

M Mar 28	1 Session	\$34
1-4 pm	MVES-CE	
YW15-OLAF		

LEGO Minecraft Art Class

Kidcreate Studio

5-12 years

LEGO and Minecraft; what an amazing combination! In this class, kids will create multiple projects inspired by Creepers, the popular Minecraft characters. We will use air-dry clay, paint, and LEGO bricks to create these explosive masterpieces.

Please pack a nut free snack and drink for your child.

M Mar 28	1 Session	\$34
9 am-12 pm	MVES-CE	
YW15-LMC		

Popcorn & Paint!

Watch Me Draw

Grades 1-5

Popcorn & Paint is a party with paint and you're invited! Bring a friend or make a new one as we create and paint with acrylics on real canvas boards. Never painted? Not a problem! There is no experience necessary, as we'll guide you step-by-step in the creation of your own masterpiece! All it takes is a fun approach and a little enthusiasm and you'll take home a beautiful piece of art! Join us for Popcorn and Painting in a relaxed and non-competitive environment. You will be amazed at your very own work of ART!

M Apr 18-25 3:05-4:20 pm YS15-PPN	2 Sessions NTES	\$25
T Apr 19-26 3:35-4:50 pm YS15-PPF	2 Sessions FES	\$25
W Apr 20-27 3:05-4:20 pm YS15-PPR	2 Sessions RVES	\$25
Th Apr 21-28 3:45-5:00 pm YS15-PPA	2 Sessions ARES	\$25



Cookies & Clay! Watch Me Draw

Grades 1-5

Cookies & Clay is a party with clay, and you're invited! Bring a friend or make a new one as we create 2 and 3 dimensional projects with clay! There is no experience necessary, as we'll guide you step-by-step in the creation of your own masterpiece! All it takes is a fun approach and a little enthusiasm and you'll take home a beautiful piece of art! Join us for Cookies and Clay in a relaxed and non-competitive environment. You will be amazed at your very own work of ART! Messy to make but fun to create!

•		
M May 2-9 3:05-4:20 pm YS15-CCR	2 Sessions RVES	\$25
T May 3-10 3:35-4:50 pm YS15-CCM	2 Sessions MVES-CE	\$25
W May 4-11 3:35-4:50 pm YS15-CCF	2 Sessions FES	\$25
Th May 5-12 3:45-5:00 pm YS15-CCA	2 Sessions ARES	\$25



Hello Cupcake! -Spring Edition

Renee Reinardy

Grades 1-6

Cupcakes that are too cute to eat? That's what we'll make in this spring time inspired cupcake decorating class. Each child will leave with six delicious custom decorated cupcakes in a cupcake carrier. All supplies are provided. Please supply instructor with any allergy restrictions. Have children wear clothes that can get colored frosting on them!

YS15-	Mar 29 :30 am CUPM School Day!	1 Session MVES-CE	\$28
	Mar 8 1:35 pm -CUPR	1 Session RVES	\$28
	Apr 8 4:35 pm	1 Session NTES	\$28

Color-A-Doodle: Framed Monogram Letters

Renee Reinardy

Grades 1-5

Using colored pencils, crayons, markers, and glitter, participants will create an 11x17 inch colored doodle in the letter of their choice! Students will be shown the basic principals of shading, coloring, blending, and adding depth to their creation. When the coloring is complete, we will frame the monograms and they will be ready to hang! This project makes fun, custom wall art for your room! Please specify which letter of the alphabet you would like to create at time of registration.

Th Jan 29	1 Session	\$25
10-11:30 am	MVES-CE	
VW15_FMI		

Bird House Decorating

Renee Reinardy

Grades 1-5

Let's bring spring inside and decorate some cute indoor bird houses. Participants will decorate three miniature bird houses. Accessories will be available to adorn your house including paint, gems, buttons, sea shells, glitter, pretty papers, washi tape, ribbon, and fabric. Design ideas will also be available so you are sure to leave with bird houses ready to decorate your room! Make them all for yourself or to give as thoughtful, homemade gifts! Dress for the mess and prepare to have fun!

Th Mar 31	1 Session	\$23
10-11 am	MVES-CE	
YS15-BIRD		

Drama

Cinderella-The Play's the Thing Production

The Play's the Thing Production

Ages 6-14

Cinderella (by Kaye Umansky) wants to go to the ball, but can't because her truly ugly sisters, Ravioli and Semolina, won't allow it. It's the story of *Cinderella* with some very funny characters and splendidly silly and sing-able songs. Despite the outrageous behavior of the truly ugly sisters, Ravioli and Semolina, the Fairy Godmother makes absolutely sure that Cinderella goes to the Ball...

Be a part of a theatrical production! All who sign up are in the show. Auditions are on the first day!

Open for 34 kids.

Entire show is double cast.

Auditions

Sat Jan 9 1-4 pm Farmington High School

Rehearsals

Sat Jan 9- Feb 20 1-4 pm Farmington High School

Tech Week

M-Th Feb 22-25 6-8:30 pm

Performances

Fri Feb 267 pmRBMS AuditoriumSat Feb 271 pmRBMS AuditoriumSat Feb 277 pmRBMS Auditorium

YW15-CIND \$140



Health & Safety

Babysitter Training

Lynette Endres

Ages 11 - 15

(Students MUST be 11 years or older by date of class)

Babysitter Training is fun and fastpaced with hands-on activities, exciting video, role-plays and lively discussions. You'll learn to be the best babysitter on the block. You'll also gain the confidence to make smart decisions and stay safe in any babysitting situation.

You'll learn how to:

- Supervise children and infants.
- Perform basic child-care skills such as diapering and feeding.
- Choose safe, age-appropriate games and toys.
- Handle bedtime and discipline issues.
- Identify safety hazards and prevent injuries.
- Care for common injuries and emergencies such as choking, burns, cuts and bee stings.

Students should bring a bag lunch.

Sa Jan 23 1 Session \$7: 9 am-3:30 pm LDMS **YW15-BABY**

Mar 11 1 Session

9 am-3:30 pm LDMS YW15-BABY2

Safe On My Own

Lynette Endres

Ages 8 - 11

Children who spend time home alone either before or after school are a fast growing group. This course will help give youth the skills they need to feel more confident about taking care of themselves. Video and discussion points covered include getting home safely, answering the phone and door, and first aid pointers. Students MUST be age 8 or older by class date.

Sa Feb 20 1 Session \$30

9:30-11:30 am LDMS

YW15-SOMO

Self Defense and Safety Awareness

Young Americans School of Self-Defense

Ages 4 - 14

Young Americans School of Self Defense teaches children a non-aggressive, interesting, and exciting self-defense/safety awareness program. New students earn a yellow belt at the conclusion of the session and ranking students earn higher belts.

Sa Feb 6-Apr 23 12 Sessions \$84 1-1:45 pm LDMS

YW15-SELF No class Mar 26



26 Recreation & Sports



Kung Fu - Wu Shu

National Treasure Kung Fu Inc. Directed by Al Lam

Ages 5 and up

Learn the lifelong benefits of Kung Fu, the Chinese art of self-defense and fitness, from a Hong Kong champion.

Not just a punching, kicking, self-defense class, Kung Fu teaches awareness of self and surroundings and improves self-esteem and confidence. Join a FUN, full participation class that focuses on helping students develop leadership, discipline, concentration, and coordination skills for a healthy mind and body. Improve your coordination, strength, flexibility and endurance.

Parents: Don't sit at the sideline! Register and participate with your child in class.

This is a skill building progressive training program for beginners through Black Belt.

PLEASE NOTE: Optional uniform and certification from White to Black Belt are available for an additional cost payable to the instructor.

Fencing MN Sword Play

Ages 6 and up

Learn real fencing skills while having fun in this special class! Our classes are performed in a non-threatening environment with an emphasis on skill building, concentration, self-discipline, and fun. We provide everything needed to fence (mask, jacket, glove, and weapon.) Come dressed comfortably, including long sweat pants and running shoes.

70
72

7 Sessions	Mondays	LDMS	Jan 25-Mar 14 No class Feb 15
YW15-1E	Beginners	6:15-7 pm	\$79
YW15-1F	White-Yellow Belt	6:15-7 pm	\$79
YW15-1G	Orange-Black Belt	7-7:45 pm	\$79
7 Sessions	Thursdays	LDMS	Jan 28-Mar 10
YW15-1A	Beginners	6:15-7 pm	\$79
YW15-1B	White-Yellow Belt	6:15-7 pm	\$79
YW15-1C	Orange-Black Belt	7-7:45 pm	\$79
7 Sessions	Mondays	LDMS	Apr 11-May 23
YS15-1E	Beginners	6:15-7 pm	\$79
YS15-1F	White-Yellow Belt	6:15-7 pm	\$79
YS15-1G	Orange-Black Belt	7-7:45 pm	\$79
7 Sessions	Thursdays	LDMS	Apr 14-May 26
YS15-1A	Beginners	6:15-7 pm	\$79
YS15-1B	White-Yellow Belt	6:15-7 pm	\$79
YS15-1C	Orange-Black Belt	7-7:45 pm	\$79

Soccer - Boys & Girls Youth Soccer Skills Clinic

Director: Tracie Randall, FHS Girls Varsity Head Coach

Boys and Girls Ages 5-13

The Farmington Soccer Camp is being operated as a joint venture by the Farmington High School Soccer Program and Farmington Community Education. The focus of the camp will be on skill building and team play with a lot of fun throughout. The campers will be instructed by the coaching staff of the Farmington High School Soccer program as well as by members of the varsity team.

Registration deadline: T, May 24 at Noon

PLEASE NOTE: Players need to bring their own water bottles and wear appropriate soccer gear, shin guards and shoes with non-metal cleats or tennis shoes.

M-F June 13-17 5 Sessions \$80 first child \$70 second sibling, \$60 additional siblings

9-11am FHS

SUM-SOCA

Soccer - Boys & Girls Tactical and Technical Training Clinic

Director: Tracie Randall, FHS Girls Varsity Head Coach

Boys and Girls Ages 14-17

The Farmington Soccer Camp is being operated as a joint venture by the Farmington High School Soccer Program and Farmington Community Education. The focus of the camp will be on skill building and team play with a lot of fun throughout. The campers will be instructed by the coaching staff of the Farmington High School Soccer program as well as by members of the varsity team.

Registration deadline: T, May 24 at Noon

PLEASE NOTE: Players need to bring their own water bottles and wear appropriate soccer gear, shin guards and shoes with non-metal cleats or tennis shoes.

M-F June 20-24 5 Sessions \$80 first child \$70 first sibling, \$60 additional siblings

9-11:30 am FHS

SUM-SOCB





Minecraft Digital Animation

Tech Academy by Computer Explorers

Grades 1-5

New backdrops and characters! Minecraft is the game phenomenon focused on creativity and building, allowing players to build environments out of textured cubes in a virtual 3D world. In our camp, students working in pairs will be introduced to Minecraft in real life with our customized Legos. In addition, students will film a stop motion movie using Minecraft-inspired Lego creations. The focus will be on creating Minecraft-inspired Lego worlds and filming. Students will take home an animated movie to show off their creations.

Sa Jan 9-16 2 Sessions \$75 9 am-12 pm NTES YW15-MDAN



NASA Academy of Future Space Explorers

Mad Science

Grades 1-5

Experience the sensational world as you explore the earth, moon, Mars and beyond! Mad Science brings you the excitement and wonder of space in this program featuring student activities from the NASA Academy of Future Space Explorers program. This adventure takes children on a voyage of planetary discovery. With unique hands-on activities, amazing demonstrations and fun educational take-homes, this is an experience that is truly out of this world!

3:05-4:05 pm YW15-NASAR	4 Sessions RVES	\$64
W Jan 13-Feb 3 3:35-4:35 pm YW15-NASAF	4 Sessions FES	\$64
Th Jan 14-Feb 11 3:35-4:35 pm YW15-NASAA	4 Sessions ARES	\$64

Extreme Legos: Catapults & Dragons

Youth Enrichment League

Grades K-3

New and returning students invited. Build a snapping dragon, a cow control and design your own marshmallow catapult. In each class, students build a different LEGO project and use that project to investigate basic engineering concepts. For instance, the following lever components: fulcrum, load, effort and different classes of levers. Sign up today. Levers forever! LEGO projects will stay in the classroom.

Th Jan 14-Feb 25 3:05-4:05 pm YW15-CATN No class Jan 21	6 Sessions NTES	\$70
T Jan 19-Feb 23 3:05-4:05 pm YW15-CATR	6 Sessions RVES	\$70
W Jan 20-Mar 9 3:45-4:45 pm YW15-CATA No class Feb 24, M	6 Sessions ARES ar 2	\$70

Intro to Coding with Super Heroes

Tech Academy by Computer Explorers

Grades 1-3

Create your own video game! Students can create their own platform video games in this cool class! Choose your storyline with popular super heroes as your stars; add challenges and levels of difficulty, and then share them by email or post on the web to challenge family and friends! Students practice math, logic, and programming and then put their video game talents to work! Games will be animated in flash format, viewable in most internet browsers.

Bring a jump drive to the last day of

Bring a jump drive to the last day of class or email files to parents.

Sa Feb 20-27 2 Sessions \$75 9 am-12 pm NTES YW15-SUPERN

No class Jan 21

Engineering: Crazy Action Contraptions

Tech Academy by **Computer Explorers**

Grades 1-4

Unleash your imagination as you journey through the wide-ranging world of LEGO building. Students will work in pairs, to build models and discuss the engineering science behind each. This fun, hands-on class shows students how engineering can be fun and silly, yet still educational. Students will be challenged to improve the model and customize their creations.

1 Session Sa Mar 5 \$38 9 am-12 pm **NTES** YW15-ENGN

Extreme Legos: Clowns & Cranes

Youth Enrichment League

Grades K-3

New and returning students are welcome. Build a clown face and use pulleys to rotate his facial expressions from happy, to sad, to knocked out. Build a crane and use it to hoist other LEGO projects. Students build multiple LEGO projects and use those projects to investigate basic pulley concepts, including direction of rotation, increased speed, a fixed pulley, movable pulley systems, and compound pulleys. We may even try to build the world's longest conveyor belt made of LEGOs at the last class! How cool is that?

T Mar 15-Apr 26 3:05-4:05 pm YW15-CLOR No class Mar 29	6 Sessions RVES	\$70
W Mar 16-Apr 27 3:45-4:45 pm YW15-CLOA No class Mar 30	6 Sessions ARES	\$70
Th Mar 17-Apr 28 3:05-4:05 pm YW15-CLON No class Mar 31	6 Sessions NTES	\$70

Science Comes Alive!

Mad Science

Grades 1-5

Wonder at the marvels of natural science as you explore how animals adapt to their environments, how bugs defend themselves, and how life can survive at the bottom of the sea. See the secrets of science's impact on the brain in magic tricks and art. Explore chemistry as you figure out the difference between solutions and suspensions and experience the power of chemical reactions.

M Apr 4-25 3:35-4:35 pm YS15-SCAMVES	4 Sessions MVES-CE	\$64
T Apr 5-26 3:05-4:05 pm YS15-SCAR	4 Sessions RVES	\$64
W Apr 6-27 3:05-4:05 pm YS15-SCAN	4 Sessions NTES	\$64



Help your child be ready for the future!

Our STEM (Science, Technology, Engineering, and Mathematics) classes spark interest and increase understanding of these topics.



Winter Session

Jan 4-Mar 10

Register Early-Classes fill up quickly.

Farmington Twist-N-Tumble Gumnastics



Beginner 1

Ages 4 and up

Beginner 1 is for boys and girls who have no gymnastics experience and are just starting their gymnastics journey. This class will focus on body positions, strength and coordination, and fundamental skills needed for gymnastics. \$140/10 weeks.

Beginner 2

Ages 4 and up

Beginner 2 is for boys and girls who have passed Beginner 1 and are ready to begin refining basic beginner skills and build up more strength and confidence on full-sized equipment. \$140/10 weeks.

Advanced Beginners

This class is for gymnasts who have tested out of the Beginner 2 class or have been evaluated at this level. Gymnasts will learn more difficult basic skills on the vault, bars, beam and floor as well as continue to gain strength and confidence on full sized equipment. \$140/10 weeks

Intermediate 1

This class is for gymnasts who have tested out of the Advanced Beginner class or have been evaluated at this level. Gymnasts will work on perfecting skills they have developed while also learning new, more difficult skills. At this level, gymnasts will spend more time on conditioning and strengthening their bodies for more difficult skills. \$150/10 weeks.

Intermediate 2

This class is for gymnasts who have tested out of the Advanced Beginner class and have higher level Intermediate skills. Gymnasts will work on perfecting skills they have developed while also learning new, more difficult skills. At this level, gymnasts will spend more time on conditioning and strengthening their bodies for more difficult skills. \$150/10 weeks.

Beginner 1

M	7-8 pm	YW15G-B1M
W	5:30-6:30 pm	YW15G-B1W
Th	7:30-8:30 pm	YW15G-B1R

Beginner 2

M	7-8 pm	YW15G-B2M
W	5:30-6:30 pm	YW15G-B2W
Th	7:30-8:30 pm	YW15G-B2R

Advanced Beginners

M	6:45-7:45 pm	YW15G-ABM
Th	7:30-8:30 pm	YW15G-ABR

Intermediate 1

M	8-9 pm	YW15G-I1M
Th	6:30-7:30 pm	YW15G-I1R

Intermediate 2

M	6-7 pm	YW15G-I2M
W	5:30-6:30 pm	YW15G-I2W

Open Gym

Sat 10-11 am

\$5 at the door, or \$42 for a 10 session punch card -\$50 value!

Check schedule online for updates!

GYMNASTICS THING #98

You understand that gymnastics is a lifestyle, not merely a sport.

Watch for our Spring session Mar 14-May 27

Information available online Feb 8 Registration will start Feb 29th



Andrea Stowe, TNT Director

TIPS FROM YOUR COACH

MOTIVATION: noun—

- 1. The act or an instance of motivating, or providing with a reason to act in a certain way.
- 2. The state or condition of being motivated or having a strong reason to act or accomplish something.
- 3. Something that motivates; inducement; incentive

Bring your toddler to the gym and work together on helping your child develop hand-eye coordination, balance, and gym discipline and safety. Each week we will focus on a different body position and beginning skills, including introduction of forward rolls, cartwheels, and handstands. This class is for toddlers who are not ready to take a class on their own; parents should be prepared to participate! \$130/10 weeks.

Toddlers

M	6:45-7:30 pm	YW15G-TM
Tu	9:45-10:30 am	YW15G-TT
W	6:30-7:15 pm	YW15G-TW
Th	10:30-11:15 am	YW15G-TR1
	6.45-7.30 nm	VW15G-TR2



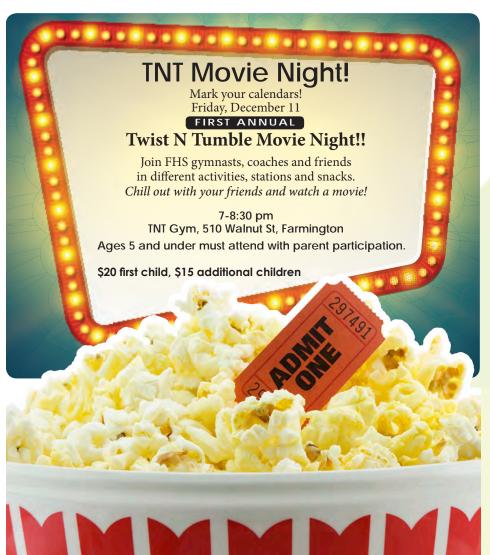
Preschool 3 & 4 year olds

Preschoolers will learn basic gymnastics skills in a structured manner. This class is for students who are able to follow directions without parents.

The class uses gymnastics and fundamental body movements as a platform to build and strengthen confidence, positive self-image and problem solving skills in a safe environment. Each week will focus on a different body position and beginning skills including introduction of forward rolls, cartwheels and handstands, \$130/10 weeks.

Preschool

M	6:45-7:30 pm	YW15G-PM
Tu	10:30-11:15 am	YW15G-PT
W	6:30-7:15 pm	YW15G-PW
Th	9:45-10:30 am	YW15G-PR1
	6:45-7:30 pm	YW15G-PR2







Cheerleading - Tumbling Class

Competition Cheer Coaches

Ages 4-Grade 12

Are you a cheerleader just getting started, an experienced cheerleader who wants to improve your tumbling skills or do you just want to learn how to tumble? Our tumbling class will teach age and level appropriate tumbling skills from forward rolls to fulls. No experience is needed. You do not need to be a current member of a competition cheer team to enroll in the class. **Pee Wee Tumbling** - For young girls and boys with a strong emphasis

on basic to intermediate tumbling skills.

Elementary Tumbling - For athletes in 2nd through 5th grades focusing on basic to intermediate cheer tumbling skills - including cartwheels, round offs and handsprings.

Middle School/High School Tumbling - For athletes in 6th through 12th grades focusing on basic to intermediate cheer tumbling skills including cartwheels, round offs and handsprings.

Advanced Tumbling - For athletes in 2nd through 12th grades focusing on advanced cheer tumbling skills - including series skills, tucks, layouts and fulls. A back handspring, round off back handspring or coach referral is required.

\$54

CheerStars & CheerPower

Competition Cheer Coaches Grades 2-12

CheerStars - Become a better and more well rounded cheerleader! This class, for 2nd through 5th graders, will work on all aspects of cheer, including technique in jumps, motions, and cheer as well as flexibility and conditioning in a fun atmosphere.

CheerPower - Become a better and more well rounded cheerleader! This class, for 5th through 12th graders, will combine drills for jumps, cheer, and stunts along with flexibility, body positions, strength, conditioning, and endurance training in a more intense atmosphere.

T Feb 23-Mar 22 7-8 pm YW15-STARS No class Mar 1	4 Sessions ISC	\$44
T Apr 5-May 24 7-8 pm YS15-STARS	8 Sessions ISC	\$88
T Feb 23-Mar 22 7-8 pm YW15-POWER No class Mar 1	4 Sessions ISC	\$44
T Apr 5-May 24	8 Sessions	\$88

YS15-POWER

Cheerleading Stunt School

Competition Cheer Coaches Grades 2-12

Elementary Stunt School - Athletes in 2nd through 5th grades will learn basic to advanced stunts and may have the opportunity to try different stunt positions. Skills and positions taught are dependent on class enrollment. Middle School/High School Stunt

School - Athletes in 5th through 12th grades will learn intermediate to elite stunts and may have the opportunity to try different stunt positions. Skills and positions taught are dependent on class enrollment.

T Feb 23-Mar 22 4 Sessions

6-7 pm ISC

YW15-CESS - Elemo No class Mar 1	entary	
T Apr 5-May 24 6-7 pm YS15-CESS - Eleme	ISC	\$108
T Feb 23-Mar 22 6-7 pm YW15-CMHSS – Mic No class Mar 1	ISC	\$54 ool
T Apr 5-May 24 6-7 pm	8 Sessions ISC	\$108

YS15-CMHSS - Middle/High School

M Feb 22-Mar 21 6-7 pm YW15-CPT-Pee We	ISC	\$40
M Feb 22-Mar 21 6-7 pm YW15-CET -Elemen	ISC	\$68
M Feb 22-Mar 21 7-8 pm YW15-CMH-Middle	ISC	\$68 chool
M Feb 22-Mar 21 8-9 pm YW15-CAT-Advan	ISC	\$68
M Apr 4-May 23 6-7 pm YS15-CPT-Pee Wee	ISC	\$64
M Apr 4-May 23 6-7 pm YS15-CET-Element	ISC	\$108
M Apr 4-May 23 7-8 pm YS15-CMH -Middle	ISC	\$108 chool
M Apr 4-May 23 8-9 pm YS15-CAT-Advanc	ISC	\$108



Kid Connection is the before and after school child care program of District 192, staffed with trained professionals who have a combination of education and experience specific to school aged children. Kid Connection is located in all five district elementary schools. Care is available Monday thru Friday, from 6 am to 6 pm, as well as on many Non School Days. Our Kid Connection curriculum is designed to suit the needs of children in grades K-5. Opportunities for social skills development, recreation, and academic enrichment are part of our daily schedule.

Kid Connection has a variety of flexible scheduling options so families are able to select or create a schedule to meet their individual needs.

Hours and pricing

Before school: 6 am-School Start Time \$12-\$12.75/day
After School: School Release Time-6 pm \$12-\$12.75/day

Non School Days: 6 am-6 pm \$39/day

Drop in Fees regular rate plus \$2/day
Early Release Days \$5 in addition to regular rate

Care is available on most Non School Days. These days are not included in the regular tuition and may be selected as needed. (See Non School Days below.)

Activities

Students involved in Kid Connection will have the opportunity to participate in a variety of learning experiences each day. Science and math exploration, literacy and homework time, gym, and outside play are just some of the available activities. Activities in Kid Connection are choice based so that your child will have the opportunity to self select areas of interest while learning crucial responsibility and decision making skills. Kid Connection welcomes students of all abilities and will provide reasonable accomodations to help all students participate fully and successfully in our program.

Non School Days

Care on Non School Days is located at Meadowview and North Trail Elementary schools. Activities include field trips, cooking, sports, music, and arts. Breakfast and an afternoon snack, as well as any field trip, costs are included in the daily tuition.

Field trips may include movies, museums, waterparks, bowling, skating and parks as well as other unique opportunities. Space is limited, so register now!

Care is available on these Non School Days:

Jan 15, 29 Feb 12 Mar 11, 28-31 Apr 1, 22 Jun 8, 9, 10

www.FarmingtonKidConnection.com



Start planning for summer care now! Summer registration information available at the Farmington Community EXPO Jan 30.

Why choose Kid Connection?

- Daily fee includes breakfast, snacks, activities, supplies, field trips and a t-shirt.
- Convenient locations at Meadowview and North Trail Elementary Schools
- Trained professional staff
- Flexible Scheduling

Parent Aware



FARMINGTON CE

Stepping Stones



Highest possible

4 Star Rated Program!



www.FarmingtonSteppingStones.com







www.FarmingtonTimeForKids.com

Which Farmington Preschool Option fits your Family?

Wee Tigers

Ages 3-5 years

Discovering the Fun in Learning

Half day, Part week, September through May

The Wee Tigers Program offers each child a positive learning environment, and prepares the child for Kindergarten entrance. Learning is individualized through play, focusing on age appropriate core areas: critical thinking, personal and social development, phonemic awareness and letter recognition, reading and math concepts, science, art and discovery.

Tuition is monthly September - May

Locations: Meadowview, Riverview, North Trail

Stepping Stones

Ages 3-5 years

Providing the Foundation for Life Long Learning

Full day, Full week, Year round

Stepping Stones provides the perfect stepping stone into Kindergarten! We encourage children to progress at their own pace, according to individual needs and abilities. Play-based learning centers for math, science, dramatic play, music, and creative art provide opportunities to balance and stimulate both shared and independent learning experiences. This full day option is open 6 am – 6 pm. Children enrolled in Stepping Stones have the option to attend Wee Tigers one, two, three, four or five days per week (depending on the child's age) or Stepping Stones only.

Tuition is weekly, 12 months

Locations: Meadowview, Riverview, North Trail

Time for Kids

Ages 3-5 years

Where Every Day is an Adventure

Half day, Part week, September through May for qualifying families

Time for Kids grants children and their parents two opportunities for learning. Time for Kids offers a two- day a week "children only" Early Childhood class. The children will participate in age appropriate preschool activities. Time for Kids is a collaboration with the Early Childhood Special Education progam. These classes give typically developing children an opportunity to learn to play with their peers who have special needs. Family Events are scheduled several times throughout the school year. These events offer a time for parents and children to play together and a session for parents to get valuable information about their child. Parents are encouraged to attend all of the Family Events for each session. The Family Events are included in the class fees.

Tuition is determined by a sliding fee scale. Families must qualify. Tuition is paid four times per school year.

Location: Instructional Services Center ISC

Children gain skills and experience in:

- Phonemic awareness and letter recognition
- Awareness of print and early reading concepts
- ▶ Number recognition and early math concepts
- Cooperative Learning
- **Critical thinking**
- Science, dramatic play, art, music and discovery

Visit Us, See Us, Meet Us, Join Us!

All Programs:

Wee Tigers, Stepping Stones, Time for Kids

All Sites:

Meadowview, Riverview, North Trail, **Instructional Services Center**

February 2, 2016 4-6:30 pm Private tours may also be scheduled

What makes our Programs Supreme?

- Curriculum Developmentally appropriate, our integrated curriculum helps children make connections between content areas, build on previous learning, and strengthen their understanding of concepts. For optimal learning, our curriculum offers both child-guided and adult-guided experiences.
- ► The Environment Our classrooms are equipped with age appropriate materials and toys just the right size!
- Preparation for Kindergarten entrance -We provide an environment and curriculum alignment with the kindergarten standards, that allows for a smooth transition to the Elementary Schools.
- Our Well-Trained Teachers and Staff -Our highly educated and qualified teachers and staff are intentional in planning lessons and activities and selecting strategies that promote learning and support the growth of the whole child. They are enthusiastic and passionate about teaching young children and provide a loving and warm atmosphere for learning.
- ► Multiple and Flexible options Our programming is scheduled with flexible options, with full or half days, 1-5 days per week, school-year, summer, or year-round choices.

Secure your spot today!

651-460-3200

Registration Begins: February 1st, 2016





Swim Lessons at Dodge Middle School

Winter lessons, Saturdays, Jan 9-Mar 5 (no class Feb 13)

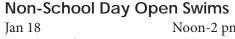
Register on-line at: www.farmingtonCE.com

Group lessons are \$54 per person Semi-Private lessons are \$104 per person

Please Note: In accordance with our district's energy conservation plan, the temperature of the pool is kept at 80°F for fall and winter lessons.



Saturdays, 1-3 pm Jan 9-May 21 No Open Swim Feb 13



Noon-2 pm Spring Break: Mar 28-Apr 1 Noon-2 pm



Open Swim Fees:

\$4 per person (ages 3-17 and 50+) \$5 per person (ages 18-49) Children under age 8 must be with a parent or guardian Please pay someone in the pool office before swimming.

Pool Rentals

The pool at Dodge Middle School can be rented for things like birthday parties or team parties. \$120 covers all costs (including lifeguards) for an hour and a half party of up to 25 swimmers. Contact the pool with questions. Call the Community Ed office to reserve your date today.

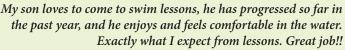
Contact Information:

Pool Office 651-460-1515

To register by phone 651-460-3200 To register for classes on-line www.farmingtonCE.com

To reserve the pool for a party 651-460-3204

Colm Griffin, Aquatics Coordinator... 651-460-1515 E-mail: cgriffin@farmington.k12.mn.us



- Aquatics Parent

High quality instruction at reasonable prices. Group and semi private lessons available.

Swimming



Learn to Swim with Community Education

All classes are held at Dodge Middle School

Farmington Community Education Aquatics Programs provide parents and children with important and useful information about strokes, skills, and water safety. We help teach people to swim, to be safer in, on and around water and what to do in the event of an emergency. Please read the course descriptions carefully.

Aqua Kids (parent/child class)

Aqua Kids is for young children new to swim lessons. Skills range from water adjustment to movement in the water with flotation to some independent swimming. Guided sessions help students learn elementary skills including: water entry and exit; bubble blowing; front and back floats; kicking; rolling over with assistance; life jackets; and more. An adult must be in the water with each student.

AQAK-W16P

No class Feb 13

Bobbers-1 (Preschool-1)

This course is for 3 to 5 year olds that are new to swim lessons. This class is similar to Aqua Kids but is for children that are able to participate without the assistance from an adult.

Skills Include: water entry and exit; bubble blowing; front and back floats; front and back glides; kicking on front and back; rolling over with assistance; arm strokes; life jackets; and more.

Prerequisites: Ages 3 to 5 and comfortable in the water without assistance from an adult.

Sa Jan 9-Mar 5 8 Sessions \$54 9:05-9:35 am DMS Pool AQB1-W16 No class Feb 13

Bobbers-2 (Preschool-2)

This preschool course helps 3 to 5 year olds feel comfortable in the water; enjoy the water more safely; and begin to move in the water. This class is the same as Level-1 but intended for children ages 3 to 5.

Skills Include: enter and exit the water; blow bubbles; bob underwater; pick up a submerged object; front and back floats for 5 seconds each; front and back glides; roll over from front to back and back to front; paddle stroke on front for 3+ yards; finning stroke on back for 3+ yards; life jackets; and more.

Prerequisites: Ages 3 to 5 and successfully demonstrate skills from Bobbers-1.

Sa Jan 9-Mar 5 8 Sessions 9:55-10:25 am DMS Pool AQB2-W16 No class Feb 13 \$54



Level-1: Introduction to Water **Skills**

Orients students to the aquatic environment and helps them gain basic aquatic skills. It helps students begin to develop positive attitudes, effective swimming habits, and safe practices in and around the water. Most skills are done with some support from either the instructor or some equipment.

Skills Include: enter and exit the water; blow bubbles; bobbing, open eyes underwater and retrieve objects; back float 5 seconds; front and back glides; recover from glides to a vertical position; roll over from front to back and back to front; combined stroke (arms & legs) on front and back 3-5 yards each; and more.

Prerequisites: Age 5 or older and comfortable in the water without assistance from an adult.

Sa Jan 9-Mar 5 8 Sessions \$54 DMS Pool 10:45-11:20 am AQL1-W16

No class Feb 13



Level-2: Fundamental **Aquatic Skills**

This course helps increase comfort and movement in the water with less support. Skills Include: jump into shoulder-deep water; submerge entire head and hold breath 5-10 seconds: front floats 10 seconds; back float 15 seconds; front and back glides; recover from floats and glides to a vertical position; change direction while swimming; rotary breathing; tread water 15 seconds; and more. Strokes include: combined stroke on front and back 7-10 yards. **Prerequisites:** Age 5 or older and

Sa Jan 9-Mar 5 8 Sessions \$54 11:35 am-12:15 pm DMS Pool AQL2-W16

No class Feb 13

successfully demonstrate Level-1 skills.

Level-3: Stroke Development

Skills Include: jump into deep water; kneeling dive from the side of the pool; survival float 30 seconds; tread water and back float 60 seconds each; change from vertical position to front and back; while vertical- rotate one full turn; push off streamlined on front and begin kicking; and more. Strokes Include: front crawl and elementary backstroke 15 yards each; and breaststroke kick and scissors kick 15 yards each. Please bring goggles.

Prerequisites: Successfully demonstrate Level-2 skills.

Sa Jan 9-Mar 5 8 Sessions \$54 9:05-9:45 am DMS Pool

AQL3-W16 No class Feb 13

Level-4: Stroke Improvement

Skills Include: compact and stride dives from the side of the pool; swim under water 5-8 yards; feet-first surface dive and retrieve an object; open turns on front and back; tread water 2 minutes; survival swimming 1 minute; push off streamlined on back and begin kicking; reaching and throwing assists; and more. Strokes Include: front crawl and elementary backstroke 25 yards each; back crawl, breaststroke, and sidestroke 20 yards each; and butterfly kick for 20 yards. Please bring goggles. **Prerequisites:** Successfully demonstrate Level-3 skills.

Sa Jan 9-Mar 5 8 Sessions \$54 9:55-10:35 am **DMS Pool** AQL4-W16 No class Feb 13

Level-5: Stroke Refinement

Skills Include: long shallow-angle dive from the side of the pool; head-first surface dives and retrieve objects; front and back crawl flip turns; tread water 5 minutes; sculling 30 seconds; and more.

Strokes include: front crawl and elementary backstroke 50 yards each; back crawl, breaststroke, and sidestroke 25 yards each; and butterfly 20 yards. Please bring goggles. **Prerequisites:** Successfully

demonstrate Level-4 skills.

Sa Jan 9-Mar 5 8 Sessions \$54 10:45-11:25 am DMS Pool AQL5-W16 No class Feb 13

Prerequisites: ability to comfortably swim 25 yards and do a head first dive from the edge of the pool.

Sa Jan 9-Mar 5 8 Sessions \$54 11:35 am-12:15 pm DMS Pool AQSD-W16 No class Feb 13

Adaptive Swim Lessons

This program provides a safe learning environment for students with mild disabilities. While students follow the outlines from one of our swimming levels, modifications are made to strokes and skills as necessary. A specially designed hydraulic lift allows us to accommodate participants who have difficulty entering the pool on their own. Please contact the Aquatics Coordinator to discuss any special needs. This helps us prepare to teach the safest and most appropriate lessons possible.

Sa Jan 9-Mar 5 8 Sessions \$54 11:35 am-12:05 pm DMS Pool AQAD-W16 No class Feb 13



Level 3, 4 and 5 swimmers please bring goggles to class!

Swimming



Semi-Private Lessons

Students learn skills and strokes in smaller groups. Classes will have a maximum of three students per instructor. Once a participant's "level" has been determined, they will work towards earning a passing certificate. Classes for Bobbers through Level 4 are available. Participants 14 years and older should call the pool office at (651) 460-1515 to make arrangements for lessons. No classes Feb 13.

Sa Jan 9-Mar 5 8 Sessions \$104 12:25-12:55 pm DMS Pool **AQSPB12-W16** (Bobber skills)

Sa Jan 9-Mar 5 8 Sessions \$104 12:25-12:55 pm DMS Pool AQSPL12-W16 (Level 1 & 2 skills)

Sa Jan 9-Mar 5 8 Sessions \$104 12:25-12:55 pm DMS Pool **AQSPL34-W16** (Level 3 & 4 skills)

For students ages 14 and older Call the pool office (651-460-1515) to make arrangements.

American Red Cross Lifeguarding

Lifeguard candidates will learn the skills and knowledge needed to recognize, prevent, and respond quickly and effectively to aquatic emergencies and prevent drownings and injuries. Upon successful completion, participants will receive American Red Cross lifeguarding, CPR w/AED, and first aid certificate. **Prerequisites:** Minimum age of 15 years on/by the last class session. Must be able to pass a swimming pretest on the first day including a 300-yard non-stop swim.

M-Th Mar 28-31 4 Sessions \$200 8:45 am-4:30 pm DMS Pool ARCLG-X16

T-F Jun 14-17 4 Sessions \$200 8:45 am-4:30 pm DMS Pool ARCLG-116

Swimming

Saturdays, Session X Mar 26-May 21	Tuesday/Thursday, Session Y Apr 5-28	Tuesday/Thursday, Session Z May 3-26
9:05-9:35 am AQB2-X16 Bobbers-2 9:05-9:45 am AQL4-X16 Level 4	6:10-6:45 pm AQL1-Y16 Level 1 6:10-6:50 pm AQL4-Y16 Level 4 AQL5-Y16 Level 5	5:40-6:10 pm AQB1-Z16 Bobbers-1 AQB2-Z16 Bobbers-2
9:55-10:25 am AQB1-X16 Bobbers-1 9:55-10:35 am AQL3-X16 Level 3	7:00-7:30 pm AQAD-Y16 Adaptive Lessons 7:00-7:45 pm AQL2-Y16 Level 2 AQL3-Y16 Level 3	6:20-6:50 pm AQAD-Z16 Adaptive Lessons AQAK-Z16 Aqua Kids-Parent/Child 6:20-6:55 pm AQL1-Z16 Level 1 6:20-7:00 pm AQL3-Z16 Level 3

10:45-11:15 am

AQAK-X16A Aqua Kids -Parent/Child

10:45-11:25 am

AQL2-X16 Level 2

11:35 am-12:05 pm

AQAD-X16 Adaptive Lessons

11:35 am-12:10 pm

AQL1-X16 Level 1

11:35 am-12:15 pm

AQL5-X16 Level 5 AQSD-X16 Springboard Diving

12:25-12:55 pm

AQAK-X16P Aqua Kids -Parent/Child AQSPBOB-X16 Semi Private: Bobbers AQSPL12-X16 Semi Private: Lvl 1 & 2 AQSPL34-X16 Semi Private: Lvl 3 & 4





Open Swim

Saturdays, 1-3 pm Jan 9-May 21 No Open Swim Feb 13 Non School Day Open Swims

Jan 18 12-2 pm Mar 28-Apr 1 12-2 pm



- Experienced, patient instructors help make students and parents feel more comfortable.
- Our packages are simple and designed to work with busy schedules.
- Convenient behind-the-wheel training available for teens and adults.

REGISTER EARLY!

Classes are held at Farmington High School

Nov 30-Dec 11
Jan 4-Jan 15
Jan 29-Feb 11
Feb 22-Mar 4
Mar 10-Mar 24
April 11- Apr 26
All classed are held from 3:15-6:15 pm

SPRING & SUMMER CLASSES FILL UP FAST! 952-746-3344
Make your reservation today at www.lstClassDS.com

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Community Education Programs & Staff...

Community Education Director

Heidi Cunningham 651-460-3200

Youth Program Supervisor

Katie Johnson 651-460-3211

Community Education Administrative Support

Cathy Skoff...... 651-460-3204

Adult and Community Program Coordinator

Administrative Support

Barb Pierce 651-460-3203

Kris Akin...... 651-460-3215

Early Childhood Family Education (ECFE), Early Childhood Screening, Wee Tigers Preschool, School

Readiness Coordinator

Tresa Washburn 651-460-3205

Aquatics Program Coordinator

Colm Griffin 651-460-1515

Administrative Support

Tonya Carlson 651-460-3208

Dakota Prairie Adult Basic **Education Coordinator**

Claudia Kinville 651-460-3242

Kid Connection, Stepping Stones, Coordinator

Sarah Sandvik 651-460-3206

Administrative Support

Cathy Skoff...... 651-460-3204

Administrative Support

Kim Lester 651-460-3209

Project Explore Coordinator

Derek Appleyard....... 651-423-7931

Youth Enrichment, Youth **Development Coordinator**

Marianne Feely...... 651-460-3207

Building Abbreviations

ARES Akin Road Elementary School

Farmington Elementary School **FES**

FHS Farmington High School

ISC **Instructional Services Center**

LDMS Levi Dodge Middle School

MVES Meadowview Elementary School

MVES-CE Meadowview-Community Education

North Trail Elementary School NTES

RBMS Robert Boeckman Middle School

RVES Riverview Elementary School

Partner District Locations:

Falcon Ridge Middle School **FRMS**

12900 Johnny Cake Ridge Rd

Rosemount Middle School RMS

3135 143rd S W, Eagan

RCC Rambling River Center

LNHS

LSHS

SES

SHMS

325 Oak St, Farmington

KTMS Kenwood Trail Middle School

19455 Kenwood Trl, Lakeville

Lakeville North High School 19600 Ipava Ave, Lakeville

Lakeville South High School

21135 Jacquard Ave, Lakeville

NHS Northfield High School

1400 Division St S, Northfield

Southview Elementary School

1025 Whitney Dr, Apple Valley Scott Highlands Middle School

14011 Pilot Knob Rd, Apple Valley

DDG Dog Day Getaway

14607 Felton Ct, Apple Valley



Elementary Schools

- Akin Road Elementary 5231 195th Street West
- Farmington Elementary 500 Maple Street
- 3 Meadowview Elementary (and Community Education office) 6100 195th Street West
- 4 North Trail Elementary 5580 170th Street West, Lakeville
- 5 Riverview Elementary 4100 208th Street West

Middle Schools

- 6 Robert Boeckman Middle School 800 Denmark Avenue
- 7 Levi Dodge Middle School 4200 208th Street West

8 Farmington High School 20655 Flagstaff Avenue

- **Instructional Services Ctr** 510 Walnut Street
- 10 Rambling River Park
- 11 Dakota Cty Fairgrounds





Registration

5 Easy Ways to Register...

Online

At www.farmingtonCE.com choose Online Registration and search for classes by name. Registrations can be charged to Visa, MasterCard or Discover.

By Phone

Phone class requests are accepted only when charged to Visa, MasterCard and Discover. Call 651-460-3200, Monday-Friday, 7:30 am-4:30 pm.

By Mail

Send completed registration form with payment (one check for each class) to:

Farmington Community Education 6100 195th St W Farmington, MN 55024

In Person

Register in the Community Education Office- 6100 195th St W, Farmington

By Fax

651-460-3210 Fax your registration form 24 hours a day using Visa, MasterCard or Discover for payment. (Please use white paper when faxing.)







Visa, MasterCard and Discover

For your convenience, we accept payments made with Visa, MasterCard and Discover! Charge in person, by phone, mail or fax.

Refund Policy

Community Education reserves the right to cancel any activity due to insufficient enrollment. When an activity is cancelled the department will make every effort to contact registrants 48 hours before the scheduled start of the activity. Complete refunds are given when this occurs.

If you need to cancel your registration please call 651-460-3200 as soon as possible to request a refund.

If you contact us more than 5 business days before the class you can:

- Receive a refund minus a \$5 processing fee
- OR select a different class in the same brochure

If you cancel your registration less than five (5) business days prior to the start of the class or activity, there will be no refund.

Photos

District 192 Community Education periodically takes pictures of participants in our classes and during other sponsored activities. These photos may be used in the Community Education catalog or other promotional materials. If you do not wish to have your picture taken or published you must provide us written notice in advance.

Non-Discrimination

It is the policy of Independent School District #192 not to discriminate on the basis of race, color, national origin, creed, religion, sex, marital status, parental status, sexual orientation, status with regard to public assistance, age, disability, family care leave status, or veteran status.

Discounts

Seniors

Anyone age 65 and older who lives in the Farmington School District may register for Community Education Classes at a 10% discount. However, you will be charged full price for any materials used in class. Some classes not eligible for discounts. See class descriptions for details.





Scholarships

A limited number of funds are available each year for ISD 192 youth to participate in selected youth enrichment classes, activities and sports through Farmington Community Education. These scholarships are generously funded by the Farmington Rotary Foundation and the Louis Schmitz Foundation. To request a scholarship application, please call 651-460-3200. A child is eligible for one scholarship award per quarter, scholarships are awarded up to one half of the registration fee. More information about the Rotary Club of Farmington is available at www.farmingtonrotarymn.com and the Louis Schmitz Foundation at www.louisschmitzfoundation.org.



All UCare members may take up to a \$15 discount per class on most classes. If a class is less than \$15, the member may take the class free of charge. Members must be enrolled with UCare at the time of registration, and throughout the duration of the course. Members will need to include their UCare ID number when registering. Please call to obtain a UCare discount.

Easy Online Registration...

Create a New Online Account

If you have not participated in a Community Education program you will need to create a new account before you are able to register yourself and your family members in any class or activity. The registration site allows you to make a payment, register for a class or activity in one convenient location. If you have questions please call Community Education at (651) 460-3200 for assistance.

Login Set-up:

Go to www.farmingtonCE.com

Click on "Online Registration" on the left hand bar

Select Create an Account in the upper right corner ____



Farmington Community Education's online registration system keeps all your family's Community Education registration and payment activity in one convenient location.

Enter information into the required fields.

Add Relationships (family members) to Your Account

Log in to your Account

Relationships on this Account are shown under the Family tab.



Choose the relationship and click on Continue to add the family member's information.



Tip: If you create your account by signing into Facebook please be sure to add your address and phone number(s) so we can contact you in case of an emergency.

Independent School District #192 Community Education, 6100 195th St W, Farmington, MN 55024 651-460-3200, Fax: 651-460-3210

The information requested is for purposes of registering and paying for Community Education classes and activities. This information is necessary to provide services to participants and will not be released.

Please send a separate check for each class. Make checks payable to Farmington Community Education. Paper registrations cannot be accepted for Gymnastics classes. Please register online or by telephone.

Name		Age	Grade	
If youth, Parent/Guardian				
Address	City		_ Zip	
Email Address				
Daytime Phone	Evening Phone			
Activity # Title		Start Date	Fee	
Activity # Title		Start Date	Fee	
Emergency Contact		Phone		
UCARE Discount for Members only UCARE ID# (up to \$15 per class)		Total		
Special needs, health concerns, restrictions:				
Charge to my ☐ MasterCard ☐ VISA ☐ Discover				
Card Number		Exp Date _		
Signature				



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